

# My Ladies Rhumba

Count: 32 Wall: 2 Beginner  
Choreografie: Wanda Heldt  
**Musik:** Hear My Song von Bouke

**Intro: Start on Vokal**

## **Walk Forward (r,l,r), Kick, Walk Back (l,r,l), Touch**

- 1-4 Walk forward Right, Left, Right. Kick Left forward
- 5-8 Walk back Left, Right, Left, Touch Right next to Left

## **Right & Left-Side, Together, Side, Touch [use hips as you step 'Side- together-side']**

- 1-4 Step Right to Right side, Step Left together, Step Right, Touch Left toe next to Right
- 5-8 Step Left to Left side, Step Right together, Step Left, Touch Right toe next to Left

## **Rhumba Box [Basic]**

- 1-2 Step Right to Right side, Step Left next to Right
- 3-4 Step back on Right, hold (sway hip to right)
- 5-6 Step forward on left, Step Right next to Left
- 7-8 Step forward on Left, hold (sway hip to left)

## **Right Diagonal Hips r,l,r, Hold 1/4 x 2 Paddle Turns Right**

- 1-4 Step Right to Right diagonal and Rock hips Forward, Back, Forward, Hold [Wt.on R]
- 5-6 Step forward on Left turn 1/4 Right, Recover weight on Right. [3:00]
- 7-8 Step forward on Left turn 1/4 Right, Touch Right next to Left or Hold [Wt. on L]. [6:00]

**To make it a 4 Wall .. [if using as split floor ]**

- 5-6 Step forward on Left turn 1/4 Right, Recover weight on Right. [3:00]**
- 7-8 Recover weight on Left, Hold or Touch Right next to Left...**

**Restart dance... HAVE FUN IN LIFE & IN DANCE**